

K9 Magic Dog Training Log

A free printable

How to use this log:

- 1) Pick 1-3 skills to focus on each week. Keep sessions short and clean (5-12 minutes).
- 2) Record every session. The notes are where your progress becomes obvious.
- 3) If something goes wrong, write the trigger and your next step. That is the plan for tomorrow.

K9 Magic reminder: obedience sticks when the relationship is strong - structure, advocacy, engagement, and accountability.

Set your intention

Write your goals before you start. Your future self will thank you.

My main goal for the next 4 weeks:
My top 3 focus areas: (example: leash walking, recall, place)
How I will stay consistent: (days/time I will train + where I will keep this log)

Session cheat sheet: Aim for 80% wins. End on a win. If you hit a wall, lower the difficulty (less distraction, shorter duration, more reward).

Commands to Work On

Check what you want to build. Circle your priority for the week.

Foundation

- | | |
|---|---|
| <input type="checkbox"/> Name response | <input type="checkbox"/> Engagement (look at) |
| <input type="checkbox"/> Marker word (Yes!) | <input type="checkbox"/> Release word (Break) |

Obedience

- | | |
|---|--|
| <input type="checkbox"/> Sit | <input type="checkbox"/> Down |
| <input type="checkbox"/> Heel / Loose leash | <input type="checkbox"/> Place / Bed |
| <input type="checkbox"/> Stay (sit/down) | <input type="checkbox"/> Recall (Come) |

Manners

- | | |
|---|---|
| <input type="checkbox"/> Doorway manners | <input type="checkbox"/> Jumping control (4 on the floor) |
| <input type="checkbox"/> Greeting politely | <input type="checkbox"/> Crate |
| <input type="checkbox"/> House manners (no counter surfing) | |

Confidence + Social Neutrality

- | | |
|--|--|
| <input type="checkbox"/> Neutral around dogs | <input type="checkbox"/> Neutral around people |
| <input type="checkbox"/> Handling / grooming tolerance | <input type="checkbox"/> New environments calmness |

Quick tracking prompts

After each session, rate:

- **Engagement** (1-5): Did your dog want to work with you?
- **Calmness** (1-5): Could your dog settle between reps?
- **Clarity** (1-5): Did you stay consistent with your cues and timing?

Exercises You Can Do

Mix and match. Keep it simple. Consistency is the magic.

Engagement Game (30-60 seconds)

Stand still. Say your dog's name once. The moment they look at you, mark (Yes!) and reward. Repeat. Add one step of movement once it's easy. If they move towards you, just simply ignore, once they are doing their own thing repeat.

Place to Calm

Send to bed/place, reward for staying. Release after a short success. Build duration slowly. This is your daily reset button.

Loose Leash Warm-Up

This is the pay attention walking, whenever you can tell your dog has forgotten about you, simply start walking backwards, once you make eye contact with your dog, encourage your dog by marking good, when dog is with you, mark yes and repeat the command lets go.

Recall Party

Call 'Come' once, run away a few steps, reward big when they arrive. Practice on a long line if needed. Keep it fun and fast.

Hide and seek

put your dog on place, go find a place to hide, call your dog and wait for them to find you! reward big when they get to you!!

Weekly reflection (use at the end of each week)

- What improved the most?
- What trigger showed up (people, dogs, noise, location)?
- What will I change next week (lower difficulty, better timing, more structure)?
- How did my relationship show up this week (engagement, trust, calmness)?

Training Session Log - Page 1 (8 sessions)

Tip: write short, specific notes. Example: 'pulled near mailbox 'or' held place 20 sec with kids playing'.

Date	Time	Location	What we trained	What went RIGHT	What went WRONG	Next step

Mini check-in: What is the one thing I will repeat next session? _____

Training Session Log - Page 2 (8 sessions)

Date	Time	Location	What we trained	What went RIGHT	What went WRONG	Next step

Mini check-in: What is the one thing I will repeat next session? _____

Training Session Log - Page 3 (8 sessions)

Date	Time	Location	What we trained	What went RIGHT	What went WRONG	Next step

Mini check-in: What is the one thing I will repeat next session? _____

Training Session Log - Page 4 (8 sessions)

Date	Time	Location	What we trained	What went RIGHT	What went WRONG	Next step

Mini check-in: What is the one thing I will repeat next session? _____



TO: FUTURE YOU

THANK YOU FOR
DOING YOUR
KINDNESS

FROM: K9 MAGIC

